



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Jean BREDO

OLV Eifel

Circuit : H70

Distance : 2600m (Dénivelé 70m)

Temps : 0:40:21 (15'31"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Servais HICK | 0:27:12 |
| 2. Luc HEUNINCKX | 0:33:20 |
| 3. Ivo TIMMERMANS | 0:34:21 |

1.	237	00:04:32		463m	9'47"/km
2.	246	00:11:54	00:16:26	367m	32'26"/km
3.	232	00:03:29	00:19:55	208m	16'45"/km
4.	174	00:01:30	00:21:25	117m	12'49"/km
5.	215	00:02:06	00:23:31	226m	9'18"/km
6.	175	00:06:43	00:30:14	413m	16'16"/km
7.	206	00:01:44	00:31:58	138m	12'34"/km
8.	214	00:02:48	00:34:46	147m	19'03"/km
9.	219	00:01:43	00:36:29	111m	15'28"/km
10.	220	00:01:50	00:38:19	100m	18'20"/km
11.	255	00:01:31	00:39:50	223m	6'48"/km
12.	999	00:00:31	00:40:21	87m	5'56"/km

HELGA

Orienteering Software