



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Frans WENS

TROL

Circuit : H70

Distance : 2600m (Dénivelé 70m)

Temps : 0:35:56 (13'49"/km)

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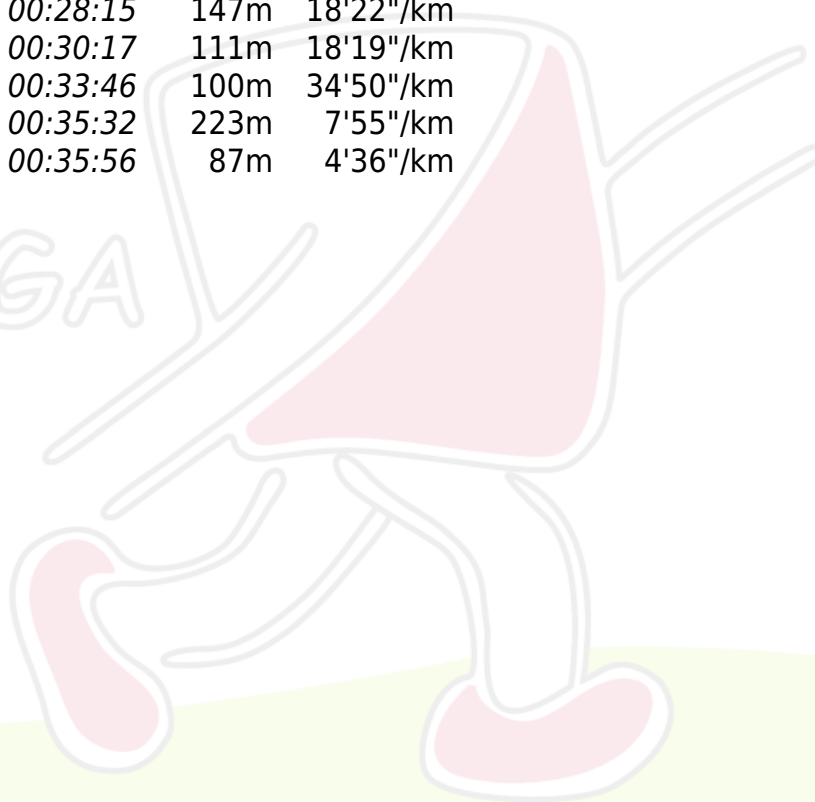
O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Servais HICK | 0:27:12 |
| 2. Luc HEUNINCKX | 0:33:20 |
| 3. Ivo TIMMERMANS | 0:34:21 |

1.	237	00:04:02		463m	8'43"/km
2.	246	00:04:42	00:08:44	367m	12'48"/km
3.	232	00:02:31	00:11:15	208m	12'06"/km
4.	174	00:02:15	00:13:30	117m	19'14"/km
5.	215	00:03:55	00:17:25	226m	17'20"/km
6.	175	00:06:24	00:23:49	413m	15'30"/km
7.	206	00:01:44	00:25:33	138m	12'34"/km
8.	214	00:02:42	00:28:15	147m	18'22"/km
9.	219	00:02:02	00:30:17	111m	18'19"/km
10.	220	00:03:29	00:33:46	100m	34'50"/km
11.	255	00:01:46	00:35:32	223m	7'55"/km
12.	999	00:00:24	00:35:56	87m	4'36"/km

HELGA



Orienteering Software