



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Erik VAN DYCK

TROL

Circuit : H55

Distance : 4300m (Dénivelé 115m)

Temps : 0:43:40 (10'09"/km)

5/14

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Dirk GOOSSENS | 0:31:55 |
| 2. Serge BAERT | 0:37:13 |
| 3. Eric VANDEBROEK | 0:41:51 |

1.	225	00:04:04		554m	7'20"/km
2.	249	00:01:12	00:05:16	111m	10'49"/km
3.	227	00:02:08	00:07:24	170m	12'33"/km
4.	232	00:02:49	00:10:13	228m	12'21"/km
5.	189	00:02:30	00:12:43	175m	14'17"/km
6.	202	00:00:43	00:13:26	75m	9'33"/km
7.	213	00:00:35	00:14:01	91m	6'25"/km
8.	229	00:01:07	00:15:08	157m	7'07"/km
9.	242	00:01:27	00:16:35	162m	8'57"/km
10.	168	00:01:26	00:18:01	145m	9'53"/km
11.	173	00:03:22	00:21:23	297m	11'20"/km
12.	246	00:04:44	00:26:07	151m	31'21"/km
13.	244	00:03:19	00:29:26	509m	6'31"/km
14.	175	00:06:40	00:36:06	558m	11'57"/km
15.	214	00:01:12	00:37:18	145m	8'17"/km
16.	219	00:01:06	00:38:24	111m	9'55"/km
17.	194	00:02:00	00:40:24	254m	7'52"/km
18.	186	00:01:11	00:41:35	156m	7'35"/km
19.	255	00:01:39	00:43:14	162m	10'11"/km
20.	999	00:00:26	00:43:40	87m	4'59"/km

Orienteering Software