Nationale Moyenne Distance
La Houssière 20.3.2022
Altaïr C.O.

Philippe CLAPUYT
ASUB
Circuit : H50
Distance : 4650m (Dénivelé 110m)
Temps : 1:09:36 (14'58"/km)

12/13 O.K.

Résultats complets sur Webres

1. Olivier DE SMUL 0:38:39
2. Noël NIJSTEN 0:42:08
3. Christophe BARBIER 0:42:49

1.	227	00:04:19		468m	9'13"/km
2.	173	00:06:14	*00:10:33*	386m	16'09"/km
3.	172	00:03:47	*00:14:20*	308m	12'17"/km
4.	171	00:04:11	*00:18:31*	163m	25'40"/km
5.	169	00:03:47	*00:22:18*	200m	18'55"/km
6.	212	00:06:50	*00:29:08*	268m	25'30"/km
7.	213	00:04:33	*00:33:41*	174m	26'09"/km
8.	218	00:09:15	*00:42:56*	770m	12'01"/km
9.	178	00:03:05	*00:46:01*	182m	16'56"/km
10.	179	00:03:50	*00:49:51*	297m	12'54"/km
11.	254	00:03:34	*00:53:25*	176m	20'16"/km
12.	182	00:05:00	*00:58:25*	284m	17'36"/km
13.	196	00:00:50	*00:59:15*	77m	10'49"/km
14.	226	00:04:13	*01:03:28*	176m	23'58"/km
15.	207	00:01:25	*01:04:53*	137m	10'20"/km
16.	183	00:00:53	*01:05:46*	95m	9'18"/km
17.	220	00:01:43	*01:07:29*	177m	9'42"/km
18.	255	00:01:42	*01:09:11*	223m	7'37"/km
19.	999	00:00:25	*01:09:36*	87m	4'47"/km

Orienteering Software

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