Nationale Moyenne Distance
La Houssière 20.3.2022
Altaïr C.O.

Wim VERVOORT
TROL
Circuit : H50
Distance : 4650m (Dénivelé 110m)
Temps : 0:45:27 (9'46"/km)

4/13 O.K.

Résultats complets sur Webres

1.	Olivier DE SMUL	0:38:39
2.	Noël NIJSTEN	0:42:08
3.	Christophe BARBIER	0:42:49

1.	227	00:03:15		468m	6'57"/km
2.	173	00:03:07	*00:06:22*	386m	8'04"/km
3.	172	00:02:36	*00:08:58*	308m	8'26"/km
4.	171	00:02:22	*00:11:20*	163m	14'31"/km
5.	169	00:04:12	*00:15:32*	200m	21'00"/km
6.	212	00:02:53	*00:18:25*	268m	10'46"/km
7.	213	00:01:49	*00:20:14*	174m	10'26"/km
8.	218	00:06:21	*00:26:35*	770m	8'15"/km
9.	178	00:02:01	*00:28:36*	182m	11'05"/km
10.	179	00:02:08	*00:30:44*	297m	7'11"/km
11.	254	00:03:11	*00:33:55*	176m	18'05"/km
12.	182	00:03:02	*00:36:57*	284m	10'41"/km
13.	196	00:00:41	*00:37:38*	77m	8'52"/km
14.	226	00:02:29	*00:40:07*	176m	14'07"/km
15.	207	00:01:49	*00:41:56*	137m	13'16"/km
16.	183	00:00:46	*00:42:42*	95m	8'04"/km
17.	220	00:01:11	*00:43:53*	177m	6'41"/km
18.	255	00:01:12	*00:45:05*	223m	5'23"/km
19.	999	00:00:22	*00:45:27*	87m	4'13"/km

Orienteering Software

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