



Nationale Moyenne Distance

La Houssière 20.3.2022

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hamok

Circuit : H40

Distance : 4600m (Dénivelé 105m)

Temps : 0:57:42 (12'33"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Cédric INSTALLE

0:47:50

1.	177	00:12:25	471m	26'22"/km
2.	225	00:01:37 00:14:02	141m	11'28"/km
3.	167	00:01:09 00:15:11	139m	8'16"/km
4.	231	00:01:11 00:16:22	132m	8'58"/km
5.	201	00:03:12 00:19:34	334m	9'35"/km
6.	191	00:03:14 00:22:48	309m	10'28"/km
7.	202	00:01:19 00:24:07	143m	9'12"/km
8.	189	00:00:53 00:25:00	75m	11'47"/km
9.	232	00:02:37 00:27:37	175m	14'57"/km
10.	174	00:01:37 00:29:14	117m	13'49"/km
11.	188	00:02:52 00:32:06	272m	10'32"/km
12.	245	00:01:21 00:33:27	171m	7'54"/km
13.	215	00:02:30 00:35:57	231m	10'49"/km
14.	193	00:03:55 00:39:52	340m	11'31"/km
15.	206	00:01:17 00:41:09	148m	8'40"/km
16.	214	00:01:32 00:42:41	147m	10'26"/km
17.	207	00:06:06 00:48:47	416m	14'40"/km
18.	195	00:03:43 00:52:30	213m	17'27"/km
19.	184	00:01:04 00:53:34	83m	12'51"/km
20.	185	00:01:31 00:55:05	139m	10'55"/km
21.	186	00:01:03 00:56:08	159m	6'36"/km
22.	255	00:01:15 00:57:23	162m	7'43"/km
23.	999	00:00:19 00:57:42	87m	3'38"/km

Orienteering Software