



Nationale Moyenne Distance

La Houssière 20.3.2022

Altair C.O.

Nicolas TRIFFAUX

Hainaut O.C.

Course : HE

Distance : 6170m (Climbing 180m)

Time : 1:18:07 (12'40"/km)

5/8

O.K.

[Full result on Webres](#)

1. Simon KREKELS	0:46:36
2. Jeroen HOEKX	0:49:45
3. Nico CEUNEN	0:55:16

1.	244	00:01:43		256m	6'42"/km
2.	167	00:03:20	00:05:03	415m	8'02"/km
3.	212	00:03:22	00:08:25	459m	7'20"/km
4.	168	00:01:51	00:10:16	104m	17'47"/km
5.	169	00:01:38	00:11:54	165m	9'54"/km
6.	170	00:00:55	00:12:49	91m	10'04"/km
7.	171	00:01:41	00:14:30	151m	11'09"/km
8.	172	00:01:18	00:15:48	163m	7'59"/km
9.	173	00:03:16	00:19:04	308m	10'36"/km
10.	246	00:01:58	00:21:02	151m	13'01"/km
11.	174	00:02:03	00:23:05	296m	6'56"/km
12.	193	00:12:39	00:35:44	556m	22'45"/km
13.	206	00:01:05	00:36:49	148m	7'19"/km
14.	247	00:01:31	00:38:20	155m	9'47"/km
15.	177	00:02:55	00:41:15	278m	10'29"/km
16.	178	00:03:08	00:44:23	283m	11'04"/km
17.	179	00:02:54	00:47:17	297m	9'46"/km
18.	180	00:15:04	01:02:21	275m	54'47"/km
19.	181	00:01:15	01:03:36	111m	11'16"/km
20.	211	00:03:15	01:06:51	259m	12'33"/km
21.	182	00:00:54	01:07:45	93m	9'41"/km
22.	226	00:02:16	01:10:01	185m	12'15"/km
23.	183	00:01:13	01:11:14	140m	8'41"/km
24.	195	00:01:57	01:13:11	200m	9'45"/km
25.	184	00:00:50	01:14:01	83m	10'02"/km
26.	185	00:01:23	01:15:24	139m	9'57"/km
27.	186	00:00:58	01:16:22	159m	6'05"/km
28.	255	00:01:20	01:17:42	162m	8'14"/km
29.	999	00:00:25	01:18:07	87m	4'47"/km

Orienteering Software