



# Nationale Moyenne Distance

## La Houssière 20.3.2022

### Altaïr C.O.

**Charlotte THEYS**

Omega

Circuit : D21

Distance : 4650m (Dénivelé 110m)

Temps : 0:55:41 (11'58"/km)

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O.K.

[Résultats complets sur Webres](#)

|                    |         |
|--------------------|---------|
| 1. Claudia ROOMAN  | 0:54:04 |
| 3. Céline DARIMONT | 1:26:32 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 227 | 00:04:34 |          | 468m | 9'45"/km  |
| 2.  | 173 | 00:03:59 | 00:08:33 | 386m | 10'19"/km |
| 3.  | 172 | 00:03:17 | 00:11:50 | 308m | 10'40"/km |
| 4.  | 171 | 00:01:46 | 00:13:36 | 163m | 10'50"/km |
| 5.  | 169 | 00:03:49 | 00:17:25 | 200m | 19'05"/km |
| 6.  | 212 | 00:04:33 | 00:21:58 | 268m | 16'59"/km |
| 7.  | 213 | 00:02:19 | 00:24:17 | 174m | 13'19"/km |
| 8.  | 218 | 00:08:14 | 00:32:31 | 770m | 10'42"/km |
| 9.  | 178 | 00:02:39 | 00:35:10 | 182m | 14'34"/km |
| 10. | 179 | 00:03:30 | 00:38:40 | 297m | 11'47"/km |
| 11. | 254 | 00:02:14 | 00:40:54 | 176m | 12'41"/km |
| 12. | 182 | 00:03:56 | 00:44:50 | 284m | 13'51"/km |
| 13. | 196 | 00:00:57 | 00:45:47 | 77m  | 12'20"/km |
| 14. | 226 | 00:03:38 | 00:49:25 | 176m | 20'39"/km |
| 15. | 207 | 00:01:21 | 00:50:46 | 137m | 9'51"/km  |
| 16. | 183 | 00:01:21 | 00:52:07 | 95m  | 14'13"/km |
| 17. | 220 | 00:01:28 | 00:53:35 | 177m | 8'17"/km  |
| 18. | 255 | 00:01:38 | 00:55:13 | 223m | 7'19"/km  |
| 19. | 999 | 00:00:28 | 00:55:41 | 87m  | 5'22"/km  |

Orienteering Software