



GOS Rozebroeken

Gent 12.3.2022

TROL

Thor DE MITS

TROL

Course : H:01

Distance : 4050m

Time : 0:37:04 (9'09"/km)

8/23

O.K.

[Full result on Webres](#)

1. Noël NIJSTEN	0:28:52
2. Jan CAPPAERT	0:29:04
3. Dieter COEN	0:30:21

1.	49	00:03:26	578m	5'56"/km
2.	59	00:01:06 00:04:32	120m	9'10"/km
3.	57	00:01:46 00:06:18	134m	13'11"/km
4.	55	00:01:53 00:08:11	160m	11'46"/km
5.	52	00:01:18 00:09:29	116m	11'12"/km
6.	51	00:00:47 00:10:16	95m	8'15"/km
7.	56	00:01:13 00:11:29	67m	18'10"/km
8.	53	00:00:41 00:12:10	73m	9'22"/km
9.	50	00:01:25 00:13:35	116m	12'13"/km
10.	58	00:02:10 00:15:45	198m	10'57"/km
11.	60	00:02:17 00:18:02	94m	24'17"/km
12.	47	00:02:26 00:20:28	276m	8'49"/km
13.	46	00:01:01 00:21:29	74m	13'44"/km
14.	62	00:01:23 00:22:52	174m	7'57"/km
15.	61	00:00:59 00:23:51	74m	13'17"/km
16.	45	00:01:58 00:25:49	248m	7'56"/km
17.	41	00:01:06 00:26:55	115m	9'34"/km
18.	42	00:00:21 00:27:16	81m	4'19"/km
19.	43	00:00:19 00:27:35	33m	9'36"/km
20.	44	00:00:57 00:28:32	87m	10'55"/km
21.	39	00:01:07 00:29:39	126m	8'52"/km
22.	36	00:00:28 00:30:07	74m	6'18"/km
23.	37	00:00:20 00:30:27	54m	6'10"/km
24.	38	00:00:20 00:30:47	37m	9'01"/km
25.	64	00:00:41 00:31:28	96m	7'07"/km
26.	32	00:01:41 00:33:09	204m	8'15"/km
27.	33	00:00:25 00:33:34	58m	7'11"/km
28.	35	00:00:47 00:34:21	114m	6'52"/km
29.	65	00:01:32 00:35:53	214m	7'10"/km
30.	66	00:00:39 00:36:32	81m	8'01"/km
31.	999	00:00:32 00:37:04	77m	6'56"/km