Be Arrows Training
Beringen 12.3.2022
Kono

Rudy ROOMAN
Antwerp Orienteers
Course : H:Sprint 2
Distance : 2500m
Time : 0:13:24 (5'22"/km)

11/15 O.K.

Full result on Webres

1. Wouter HUS 0:09:34
2. Evert LEEUWS 0:09:52
3. Simon KREKELS 0:09:57

1.	41	00:01:51		179m	10'20"/km
2.	42	00:01:47	*00:03:38*	254m	7'01"/km
3.	43	00:01:06	*00:04:44*	133m	8'16"/km
4.	44	00:00:46	*00:05:30*	132m	5'48"/km
5.	45	00:00:53	*00:06:23*	141m	6'16"/km
6.	46	00:01:41	*00:08:04*	319m	5'17"/km
7.	47	00:00:26	*00:08:30*	49m	8'51"/km
8.	48	00:00:34	*00:09:04*	91m	6'14"/km
9.	49	00:01:20	*00:10:24*	185m	7'12"/km
10.	50	00:00:41	*00:11:05*	87m	7'51"/km
11.	51	00:00:36	*00:11:41*	54m	11'07"/km
12.	52	00:00:39	*00:12:20*	109m	5'58"/km
13.	999	00:01:04	*00:13:24*	197m	5'25"/km

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