



# TRAIL RUN PARADISE

## PRAIA DO FRANCÊS - AL 20.2.2022

### PARADISE

**Joselma/sandra**

CAES DE GUERRA

Course : 12 KM DUPLA FEMININA

Distance : 11800m (Climbing 170m)

Time : 1:36:37,855 (8'11"/km)

**2/15**

O.K.

[Full result on Webres](#)

|                    |             |
|--------------------|-------------|
| 1. Rita/janinha    | 1:24:45,234 |
| 3. Adeilda/vanessa | 1:36:53,050 |

|    |     |          |          |       |          |
|----|-----|----------|----------|-------|----------|
| 1. | 81  | 00:21:44 |          | 2890m | 7'31"/km |
| 2. | 82  | 00:21:14 | 00:42:58 | 2200m | 9'39"/km |
| 3. | 83  | 00:21:31 | 01:04:29 | 2910m | 7'24"/km |
| 4. | 999 | 00:32:08 | 01:36:37 | 3810m | 8'26"/km |

HELGA



Orienteering Software