



TRAIL RUN PARADISE

PRAIA DO FRANCÊS - AL 20.2.2022

PARADISE

Adlania Tavares

CARCARÁ

Course : 6 KM SOLO FEMININO

Distance : 7420m (Climbing 113m)

Time : 1:02:04,234 (8'22"/km)

14/73

O.K.

[Full result on Webres](#)

- | | |
|-------------------|-------------|
| 1. Fernanda Maria | 0:47:30,335 |
| 2. Maria Jose | 0:51:19,656 |
| 3. Pantera Negra | 0:53:39,707 |

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|----|-----|----------|----------|-------|-----------|
| 1. | 81 | 00:22:35 | | 2890m | 7'49"/km |
| 2. | 83 | 00:08:09 | 00:30:44 | 721m | 11'18"/km |
| 3. | 999 | 00:31:20 | 01:02:04 | 3810m | 8'13"/km |

HELGA



Orienteering Software