

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Bert GEUDENS

K.O.L.

Circuit : H75

Distance : 3060m (Dénivelé 70m)

Temps : 0:55:12 (18'02"/km)

6/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|---------|
| 1. Freddy SILLIEN | 0:30:38 |
| 2. Mike IN 'T GROEN | 0:38:18 |
| 3. Vic VANDERSTRAETEN | 0:43:34 |

1.	124	00:02:15		153m	14'42"/km
2.	121	00:03:17	00:05:32	215m	15'16"/km
3.	120	00:04:17	00:09:49	223m	19'12"/km
4.	107	00:02:50	00:12:39	140m	20'14"/km
5.	106	00:03:08	00:15:47	206m	15'13"/km
6.	125	00:08:51	00:24:38	479m	18'29"/km
7.	126	00:06:37	00:31:15	295m	22'26"/km
8.	105	00:03:20	00:34:35	157m	21'14"/km
9.	116	00:02:16	00:36:51	150m	15'07"/km
10.	104	00:02:39	00:39:30	149m	17'47"/km
11.	115	00:03:01	00:42:31	114m	26'28"/km
12.	103	00:06:09	00:48:40	251m	24'30"/km
13.	165	00:05:38	00:54:18	433m	13'01"/km
14.	999	00:00:54	00:55:12	91m	9'53"/km

HELGA

Orienteering Software