

# Nationale Longue Distance

## Nomont - Famelette 20.2.2022

### CO Liège

**Freddy SCHWALL**

N.S.V. Amel

Circuit : H45

Distance : 7440m (Dénivelé 110m)

Temps : 1:23:54 (11'17"/km)

**13/18**

O.K.

[Résultats complets sur Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Marc KERCKHOFS | 0:58:53 |
| 2. Kim JANSEN     | 0:59:53 |
| 3. Guido LENGES   | 1:02:14 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 102 | 00:02:27 |          | 284m | 8'38"/km   |
| 2.  | 159 | 00:01:38 | 00:04:05 | 215m | 7'36"/km   |
| 3.  | 158 | 00:04:54 | 00:08:59 | 552m | 8'53"/km   |
| 4.  | 157 | 00:03:10 | 00:12:09 | 442m | 7'10"/km   |
| 5.  | 156 | 00:04:19 | 00:16:28 | 513m | 8'25"/km   |
| 6.  | 155 | 00:04:03 | 00:20:31 | 347m | 11'40"/km  |
| 7.  | 154 | 00:03:46 | 00:24:17 | 354m | 10'38"/km  |
| 8.  | 153 | 00:09:34 | 00:33:51 | 93m  | 102'52"/km |
| 9.  | 152 | 00:02:09 | 00:36:00 | 230m | 9'21"/km   |
| 10. | 151 | 00:04:57 | 00:40:57 | 442m | 11'12"/km  |
| 11. | 150 | 00:02:41 | 00:43:38 | 249m | 10'47"/km  |
| 12. | 149 | 00:04:15 | 00:47:53 | 292m | 14'33"/km  |
| 13. | 148 | 00:03:47 | 00:51:40 | 352m | 10'45"/km  |
| 14. | 147 | 00:04:00 | 00:55:40 | 335m | 11'56"/km  |
| 15. | 146 | 00:02:00 | 00:57:40 | 96m  | 20'50"/km  |
| 16. | 145 | 00:02:13 | 00:59:53 | 292m | 7'35"/km   |
| 17. | 136 | 00:06:28 | 01:06:21 | 632m | 10'14"/km  |
| 18. | 125 | 00:02:14 | 01:08:35 | 227m | 9'50"/km   |
| 19. | 129 | 00:03:39 | 01:12:14 | 217m | 16'49"/km  |
| 20. | 106 | 00:02:51 | 01:15:05 | 282m | 10'06"/km  |
| 21. | 107 | 00:02:05 | 01:17:10 | 206m | 10'07"/km  |
| 22. | 119 | 00:04:50 | 01:22:00 | 525m | 9'12"/km   |
| 23. | 165 | 00:01:22 | 01:23:22 | 166m | 8'14"/km   |
| 24. | 999 | 00:00:32 | 01:23:54 | 91m  | 5'52"/km   |

Orienteering Software