

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Jérôme CZERNIAK

6205HF O² (France)

Circuit : H45

Distance : 7440m (Dénivelé 110m)

Temps : 1:18:12 (10'31"/km)

11/18

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Marc KERCKHOFS | 0:58:53 |
| 2. Kim JANSEN | 0:59:53 |
| 3. Guido LENGES | 1:02:14 |

1.	102	00:02:32		284m	8'55"/km
2.	159	00:02:43	00:05:15	215m	12'38"/km
3.	158	00:04:46	00:10:01	552m	8'38"/km
4.	157	00:04:22	00:14:23	442m	9'53"/km
5.	156	00:04:01	00:18:24	513m	7'50"/km
6.	155	00:03:26	00:21:50	347m	9'54"/km
7.	154	00:03:22	00:25:12	354m	9'31"/km
8.	153	00:01:39	00:26:51	93m	17'45"/km
9.	152	00:01:51	00:28:42	230m	8'03"/km
10.	151	00:05:20	00:34:02	442m	12'04"/km
11.	150	00:03:27	00:37:29	249m	13'51"/km
12.	149	00:04:03	00:41:32	292m	13'52"/km
13.	148	00:04:27	00:45:59	352m	12'39"/km
14.	147	00:04:00	00:49:59	335m	11'56"/km
15.	146	00:02:10	00:52:09	96m	22'34"/km
16.	145	00:02:48	00:54:57	292m	9'35"/km
17.	136	00:05:46	01:00:43	632m	9'07"/km
18.	125	00:02:11	01:02:54	227m	9'37"/km
19.	129	00:03:32	01:06:26	217m	16'17"/km
20.	106	00:03:13	01:09:39	282m	11'24"/km
21.	107	00:01:44	01:11:23	206m	8'25"/km
22.	119	00:05:00	01:16:23	525m	9'31"/km
23.	165	00:01:14	01:17:37	166m	7'26"/km
24.	999	00:00:35	01:18:12	91m	6'25"/km

Orienteering Software