

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Alain MAZY

CO Liège

Course : HE

Distance : 12360m (Climbing 380m)

Time : 2:05:12 (10'08"/km)

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O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Clément DEMEUSE | 1:25:20 |
| 2. Corentin TONNEAU | 1:43:04 |
| 3. Jeroen HOEKX | 1:50:03 |

1.	160	00:02:12		315m	6'59"/km
2.	120	00:02:05	00:04:17	218m	9'33"/km
3.	106	00:02:35	00:06:52	293m	8'49"/km
4.	137	00:06:21	00:13:13		
5.	134	00:02:13	00:15:26	269m	8'14"/km
6.	129	00:03:50	00:19:16	398m	9'38"/km
7.	126	00:02:47	00:22:03	396m	7'02"/km
8.	104	00:03:30	00:25:33	398m	8'48"/km
9.	103	00:02:43	00:28:16	294m	9'14"/km
10.	97	00:04:22	00:32:38	620m	7'03"/km
11.	84	00:03:38	00:36:16	519m	7'00"/km
12.	156	00:02:24	00:38:40	348m	6'54"/km
13.	93	00:02:07	00:40:47	231m	9'10"/km
14.	92	00:03:07	00:43:54	388m	8'02"/km
15.	154	00:00:45	00:44:39	82m	9'09"/km
16.	96	00:01:51	00:46:30	152m	12'10"/km
17.	152	00:01:50	00:48:20		
18.	81	00:03:14	00:51:34	346m	9'21"/km
19.	151	00:02:09	00:53:43	216m	9'57"/km
20.	80	00:01:21	00:55:04	108m	12'30"/km
21.	94	00:02:18	00:57:22	206m	11'10"/km
22.	95	00:01:42	00:59:04	114m	14'55"/km
23.	79	00:05:49	01:04:53	307m	18'57"/km
24.	150	00:05:26	01:10:19	195m	27'52"/km
25.	149	00:03:14	01:13:33	292m	11'04"/km
26.	91	00:04:04	01:17:37	411m	9'54"/km
27.	77	00:02:23	01:20:00	247m	9'39"/km
28.	146	00:01:25	01:21:25	96m	14'45"/km
29.	145	00:01:47	01:23:12	292m	6'06"/km
30.	90	00:03:28	01:26:40	445m	7'47"/km
31.	125	00:03:49	01:30:29	417m	9'09"/km
32.	89	00:03:13	01:33:42	349m	9'13"/km
33.	76	00:02:36	01:36:18	255m	10'12"/km
34.	88	00:02:41	01:38:59	231m	11'37"/km
35.	87	00:01:27	01:40:26	147m	9'52"/km
36.	133	00:04:45	01:45:11	226m	21'01"/km

37.	138	00:04:05	01:49:16	436m	9'22"/km
38.	141	00:02:48	01:52:04	263m	10'39"/km
39.	131	00:04:54	01:56:58	436m	11'14"/km
40.	102	00:05:20	02:02:18	557m	9'35"/km
41.	165	00:02:17	02:04:35	265m	8'37"/km
42.	999	00:00:37	02:05:12	91m	6'47"/km

HELGA



Orienteering Software