

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Florian DEMBLON

CO Liège

Circuit : HE

Distance : 12360m (Dénivelé 380m)

Temps : 2:38:17 (12'48"/km)

10/15

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Clément DEMEUSE | 1:25:20 |
| 2. Corentin TONNEAU | 1:43:04 |
| 3. Jeroen HOEKX | 1:50:03 |

1.	160	00:03:06		315m	9'50"/km
2.	120	00:02:17	00:05:23	218m	10'28"/km
3.	106	00:02:52	00:08:15	293m	9'47"/km
4.	99	00:02:30	00:10:45	213m	11'44"/km
5.	137	00:02:18	00:13:03	228m	10'05"/km
6.	134	00:05:54	00:18:57	269m	21'56"/km
7.	129	00:04:30	00:23:27	398m	11'18"/km
8.	126	00:03:29	00:26:56	396m	8'48"/km
9.	104	00:04:44	00:31:40	398m	11'54"/km
10.	103	00:04:31	00:36:11	294m	15'22"/km
11.	97	00:05:45	00:41:56	620m	9'16"/km
12.	84	00:06:04	00:48:00	519m	11'41"/km
13.	156	00:04:26	00:52:26	348m	12'44"/km
14.	93	00:03:08	00:55:34	231m	13'34"/km
15.	92	00:04:16	00:59:50	388m	11'00"/km
16.	154	00:01:10	01:01:00	82m	14'14"/km
17.	152	00:03:23	01:04:23	204m	16'35"/km
18.	81	00:03:48	01:08:11	346m	10'59"/km
19.	151	00:02:09	01:10:20	216m	9'57"/km
20.	80	00:01:37	01:11:57	108m	14'58"/km
21.	94	00:03:30	01:15:27	206m	16'59"/km
22.	95	00:02:22	01:17:49	114m	20'46"/km
23.	79	00:05:52	01:23:41	307m	19'07"/km
24.	150	00:04:27	01:28:08	195m	22'49"/km
25.	149	00:03:55	01:32:03	292m	13'25"/km
26.	91	00:05:33	01:37:36	411m	13'30"/km
27.	77	00:03:22	01:40:58	247m	13'38"/km
28.	146	00:01:40	01:42:38	96m	17'22"/km
29.	145	00:02:56	01:45:34	292m	10'03"/km
30.	90	00:03:42	01:49:16	445m	8'19"/km
31.	125	00:05:10	01:54:26	417m	12'23"/km
32.	89	00:04:50	01:59:16	349m	13'51"/km
33.	76	00:03:38	02:02:54	255m	14'15"/km
34.	88	00:02:42	02:05:36	231m	11'41"/km
35.	87	00:01:57	02:07:33	147m	13'16"/km
36.	133	00:05:05	02:12:38	226m	22'30"/km

37.	138	00:05:29	02:18:07	436m	12'35"/km
38.	141	00:04:39	02:22:46	263m	17'41"/km
39.	131	00:05:53	02:28:39	436m	13'30"/km
40.	102	00:06:34	02:35:13	557m	11'47"/km
41.	165	00:02:32	02:37:45	265m	9'34"/km
42.	999	00:00:32	02:38:17	91m	5'52"/km

HELGA



Orienteering Software