

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Jasper MOREELS

Omega

Circuit : HE

Distance : 12360m (Dénivelé 380m)

Temps : 1:57:11 (9'29"/km)

5/15

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Clément DEMEUSE | 1:25:20 |
| 2. Corentin TONNEAU | 1:43:04 |
| 3. Jeroen HOEKX | 1:50:03 |

1.	160	00:02:27		315m	7'47"/km
2.	120	00:02:22	00:04:49	218m	10'51"/km
3.	106	00:03:37	00:08:26	293m	12'21"/km
4.	99	00:01:37	00:10:03	213m	7'35"/km
5.	137	00:01:36	00:11:39	228m	7'01"/km
6.	134	00:02:37	00:14:16	269m	9'44"/km
7.	129	00:03:33	00:17:49	398m	8'55"/km
8.	126	00:03:00	00:20:49	396m	7'35"/km
9.	104	00:03:00	00:23:49	398m	7'32"/km
10.	103	00:02:56	00:26:45	294m	9'59"/km
11.	97	00:03:56	00:30:41	620m	6'21"/km
12.	84	00:03:42	00:34:23	519m	7'08"/km
13.	156	00:03:03	00:37:26	348m	8'46"/km
14.	93	00:01:56	00:39:22	231m	8'22"/km
15.	92	00:02:20	00:41:42	388m	6'01"/km
16.	154	00:00:45	00:42:27	82m	9'09"/km
17.	152	00:02:18	00:44:45	204m	11'16"/km
18.	81	00:03:35	00:48:20	346m	10'21"/km
19.	151	00:01:54	00:50:14	216m	8'48"/km
20.	80	00:01:02	00:51:16	108m	9'34"/km
21.	94	00:03:18	00:54:34	206m	16'01"/km
22.	95	00:01:45	00:56:19	114m	15'21"/km
23.	79	00:04:07	01:00:26	307m	13'25"/km
24.	150	00:02:06	01:02:32	195m	10'46"/km
25.	149	00:03:49	01:06:21	292m	13'04"/km
26.	91	00:05:19	01:11:40	411m	12'56"/km
27.	77	00:02:14	01:13:54	247m	9'03"/km
28.	146	00:01:07	01:15:01	96m	11'38"/km
29.	145	00:01:48	01:16:49	292m	6'10"/km
30.	90	00:03:10	01:19:59	445m	7'07"/km
31.	125	00:03:27	01:23:26	417m	8'16"/km
32.	89	00:02:51	01:26:17	349m	8'10"/km
33.	76	00:02:24	01:28:41	255m	9'25"/km
34.	88	00:01:59	01:30:40	231m	8'35"/km
35.	87	00:01:41	01:32:21	147m	11'27"/km
36.	133	00:04:21	01:36:42	226m	19'15"/km

37.	138	00:03:56	01:40:38	436m	9'01"/km
38.	141	00:03:23	01:44:01	263m	12'52"/km
39.	131	00:05:21	01:49:22	436m	12'16"/km
40.	102	00:05:11	01:54:33	557m	9'18"/km
41.	165	00:02:09	01:56:42	265m	8'07"/km
42.	999	00:00:29	01:57:11	91m	5'19"/km

