

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Monica ROELING

TROL

Circuit : D70

Distance : 3060m (Dénivelé 70m)

Temps : 1:07:11 (21'57"/km)

6/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Elisabeth VLIEGEN | 0:43:36 |
| 2. Lisette EYKMANS | 0:48:28 |
| 3. Lieve GEENS | 0:57:04 |

1.	124	00:03:07		153m	20'22"/km
2.	121	00:03:23	00:06:30	215m	15'44"/km
3.	120	00:04:50	00:11:20	223m	21'40"/km
4.	107	00:03:12	00:14:32	140m	22'51"/km
5.	106	00:03:56	00:18:28	206m	19'06"/km
6.	125	00:14:35	00:33:03	479m	30'27"/km
7.	126	00:07:11	00:40:14	295m	24'21"/km
8.	105	00:03:18	00:43:32	157m	21'01"/km
9.	116	00:02:50	00:46:22	150m	18'53"/km
10.	104	00:03:05	00:49:27	149m	20'42"/km
11.	115	00:03:05	00:52:32	114m	27'03"/km
12.	103	00:05:27	00:57:59	251m	21'43"/km
13.	165	00:07:56	01:05:55	433m	18'19"/km
14.	999	00:01:16	01:07:11	91m	13'55"/km

HELGA

Orienteering Software