

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Marie-Christine BLANCHE

ASUB

Circuit : D70

Distance : 3060m (Dénivelé 70m)

Temps : 1:06:12 (21'38"/km)

5/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Elisabeth VLIEGEN | 0:43:36 |
| 2. Lisette EYKMANS | 0:48:28 |
| 3. Lieve GEENS | 0:57:04 |

1.	124	00:03:56		153m	25'42"/km
2.	121	00:03:00	00:06:56	215m	13'57"/km
3.	120	00:04:51	00:11:47	223m	21'45"/km
4.	107	00:02:59	00:14:46	140m	21'19"/km
5.	106	00:02:58	00:17:44	206m	14'24"/km
6.	125	00:12:47	00:30:31	479m	26'41"/km
7.	126	00:07:04	00:37:35	295m	23'57"/km
8.	105	00:03:23	00:40:58	157m	21'33"/km
9.	116	00:02:43	00:43:41	150m	18'07"/km
10.	104	00:03:07	00:46:48	149m	20'55"/km
11.	115	00:04:21	00:51:09	114m	38'09"/km
12.	103	00:06:40	00:57:49	251m	26'34"/km
13.	165	00:07:26	01:05:15	433m	17'10"/km
14.	999	00:00:57	01:06:12	91m	10'26"/km

HELGA

Orienteering Software