

# Nationale Longue Distance

## Nomont - Famelette 20.2.2022

### CO Liège

**Lieve GEENS**

TROL

Circuit : D70

Distance : 3060m (Dénivelé 70m)

Temps : 0:57:04 (18'39"/km)

**3/7**

O.K.

[Résultats complets sur Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Elisabeth VLIEN | 0:43:36 |
| 2. Lisette EYKMAN  | 0:48:28 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 124 | 00:02:49 |          | 153m | 18'25"/km |
| 2.  | 121 | 00:02:40 | 00:05:29 | 215m | 12'24"/km |
| 3.  | 120 | 00:04:43 | 00:10:12 | 223m | 21'09"/km |
| 4.  | 107 | 00:02:31 | 00:12:43 | 140m | 17'59"/km |
| 5.  | 106 | 00:03:14 | 00:15:57 | 206m | 15'42"/km |
| 6.  | 125 | 00:12:41 | 00:28:38 | 479m | 26'29"/km |
| 7.  | 126 | 00:06:51 | 00:35:29 | 295m | 23'13"/km |
| 8.  | 105 | 00:03:00 | 00:38:29 | 157m | 19'06"/km |
| 9.  | 116 | 00:02:22 | 00:40:51 | 150m | 15'47"/km |
| 10. | 104 | 00:02:16 | 00:43:07 | 149m | 15'13"/km |
| 11. | 115 | 00:03:02 | 00:46:09 | 114m | 26'36"/km |
| 12. | 103 | 00:04:00 | 00:50:09 | 251m | 15'56"/km |
| 13. | 165 | 00:06:10 | 00:56:19 | 433m | 14'15"/km |
| 14. | 999 | 00:00:45 | 00:57:04 | 91m  | 8'15"/km  |

HELGA

Orienteering Software