

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Christelle DETHY

Hainaut O.C.

Circuit : D40

Distance : 5240m (Dénivelé 180m)

Temps : 1:24:31 (16'08"/km)

6/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Lieke VAN OPSTAL | 1:07:37 |
| 2. Ellen BOURGONJON | 1:10:32 |
| 3. Netsi WODAJO | 1:13:09 |

1.	140	00:05:11		266m	19'29"/km
2.	139	00:04:05	00:09:16	196m	20'50"/km
3.	141	00:05:19	00:14:35	425m	12'31"/km
4.	138	00:05:15	00:19:50	263m	19'58"/km
5.	133	00:07:43	00:27:33	436m	17'42"/km
6.	88	00:04:15	00:31:48	232m	18'19"/km
7.	134	00:06:32	00:38:20	333m	19'37"/km
8.	136	00:12:04	00:50:24	693m	17'25"/km
9.	126	00:02:24	00:52:48	140m	17'09"/km
10.	100	00:03:55	00:56:43	223m	17'34"/km
11.	129	00:03:02	00:59:45	188m	16'08"/km
12.	115	00:05:36	01:05:21	308m	18'11"/km
13.	104	00:01:41	01:07:02	114m	14'46"/km
14.	103	00:04:21	01:11:23	294m	14'48"/km
15.	120	00:03:50	01:15:13	330m	11'37"/km
16.	143	00:04:09	01:19:22	270m	15'22"/km
17.	165	00:04:42	01:24:04	439m	10'42"/km
18.	999	00:00:27	01:24:31	91m	4'57"/km

Orienteering Software