Nationale Longue Distance
Nomont - Famelette 20.2.2022
CO Liège

Anne BERNIS
CO Liège
Circuit : D40
Distance : 5240m (Dénivelé 180m)
Temps : 1:16:26 (14'35"/km)

4/7 O.K.

Résultats complets sur Webres

1. Lieke VAN OPSTAL 1:07:37
2. Ellen BOURGONJON 1:10:32
3. Netsi WODAJO 1:13:09

1.	140	00:04:47		266m	17'59"/km
2.	139	00:02:41	*00:07:28*	196m	13'41"/km
3.	141	00:05:19	*00:12:47*	425m	12'31"/km
4.	138	00:05:11	*00:17:58*	263m	19'43"/km
5.	133	00:05:43	*00:23:41*	436m	13'07"/km
6.	88	00:03:37	*00:27:18*	232m	15'35"/km
7.	134	00:06:46	*00:34:04*	333m	20'19"/km
8.	136	00:09:07	*00:43:11*	693m	13'09"/km
9.	126	00:02:27	*00:45:38*	140m	17'30"/km
10.	100	00:04:02	*00:49:40*	223m	18'05"/km
11.	129	00:02:24	*00:52:04*	188m	12'46"/km
12.	115	00:04:46	*00:56:50*	308m	15'29"/km
13.	104	00:02:01	*00:58:51*	114m	17'41"/km
14.	103	00:04:54	*01:03:45*	294m	16'40"/km
15.	120	00:03:31	*01:07:16*	330m	10'39"/km
16.	143	00:03:35	*01:10:51*	270m	13'16"/km
17.	165	00:04:55	*01:15:46*	439m	11'12"/km
18.	999	00:00:40	*01:16:26*	91m	7'20"/km

Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com