



Training
Volmersberg 15.6.2014
N.S.V. Amel

Guido LENGES

N.S.V. Amel

Course : 1

Distance : 6000m

Time : 0:58:10 (9'41"/km)

4/11

O.K.

[Full result on Webres](#)

- | | |
|------------------|---------|
| 1. Freddy HENKES | 0:49:28 |
| 2. Michael HOCK | 0:55:28 |
| 3. Jürgen LOO | 0:56:07 |

HELGA



Orienteering Software