Régionale 9 couleurs
Havelange 13.2.2022
Pégase CO

Cédric AMERIJCKX
ASUB
Circuit : H:Noir très long
Distance : 11300m (Dénivelé 145m)
Temps : 1:17:53 (6'54"/km)

2/17 O.K.

Résultats complets sur Webres

1. Nicolas SILLIEN 1:11:47
3. Christophe AMERIJCKX 1:27:51

1.	110	00:08:16		612m	13'30"/km
2.	111	00:01:20	*00:09:36*	222m	6'00"/km
3.	113	00:01:56	*00:11:32*	291m	6'39"/km
4.	112	00:00:35	*00:12:07*	102m	5'43"/km
5.	155	00:04:34	*00:16:41*	670m	6'49"/km
6.	102	00:01:52	*00:18:33*	256m	7'18"/km
7.	135	00:05:07	*00:23:40*	718m	7'08"/km
8.	104	00:01:59	*00:25:39*	140m	14'10"/km
9.	134	00:01:07	*00:26:46*	198m	5'38"/km
10.	109	00:04:43	*00:31:29*	651m	7'15"/km
11.	136	00:00:44	*00:32:13*	137m	5'21"/km
12.	102	00:03:57	*00:36:10*	585m	6'45"/km
13.	95	00:03:12	*00:39:22*	484m	6'37"/km
14.	106	00:01:05	*00:40:27*	197m	5'30"/km
15.	107	00:01:34	*00:42:01*	300m	5'13"/km
16.	151	00:03:48	*00:45:49*	689m	5'31"/km
17.	144	00:03:56	*00:49:45*	417m	9'26"/km
18.	116	00:02:11	*00:51:56*	336m	6'30"/km
19.	157	00:00:32	*00:52:28*	94m	5'40"/km
20.	118	00:01:10	*00:53:38*	193m	6'03"/km
21.	120	00:03:00	*00:56:38*	467m	6'25"/km
22.	140	00:00:57	*00:57:35*	136m	6'59"/km
23.	153	00:01:58	*00:59:33*	388m	5'04"/km
24.	165	00:00:27	*01:00:00*	84m	5'21"/km
25.	147	00:01:02	*01:01:02*	209m	4'57"/km
26.	123	00:01:41	*01:02:43*	332m	5'04"/km
27.	128	00:03:11	*01:05:54*	244m	13'03"/km
28.	150	00:02:26	*01:08:20*	419m	5'48"/km
29.	99	00:01:30	*01:09:50*	272m	5'31"/km
30.	126	00:00:31	*01:10:21*	107m	4'50"/km
31.	125	00:01:33	*01:11:54*	262m	5'55"/km
32.	150	00:01:12	*01:13:06*	172m	6'59"/km
33.	124	00:01:20	*01:14:26*	266m	5'01"/km
34.	96	00:00:32	*01:14:58*	85m	6'16"/km
35.	131	00:01:38	*01:16:36*	250m	6'32"/km
36.	139	00:00:47	*01:17:23*	151m	5'11"/km

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37. 999 00:00:30 *01:17:53* 116m 4'19"/km

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