



VALENTIJN - FOREST CUP

HECHTEL 13.2.2022

K.O.L.

Gert GEBOERS

K.O.L.

Omloop : H:01

Afstand : 9000m

Tijd : 1:12:05 (8'01"/km)

16/24

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 0:45:47 |
| 2. Evert LEEUWS | 0:47:34 |
| 3. Desmond FRANSSEN | 0:50:30 |

1.	126	00:01:24		206m	6'48"/km
2.	119	00:05:15	00:06:39	697m	7'32"/km
3.	116	00:03:03	00:09:42	385m	7'55"/km
4.	101	00:02:07	00:11:49	327m	6'28"/km
5.	104	00:02:31	00:14:20	278m	9'03"/km
6.	108	00:03:55	00:18:15	441m	8'53"/km
7.	109	00:00:57	00:19:12	137m	6'56"/km
8.	110	00:01:26	00:20:38	185m	7'45"/km
9.	112	00:00:54	00:21:32	149m	6'02"/km
10.	113	00:00:42	00:22:14		
11.	114	00:00:34	00:22:48		
12.	104	00:03:13	00:26:01	418m	7'42"/km
13.	106	00:02:17	00:28:18	329m	6'56"/km
14.	180	00:03:23	00:31:41	435m	7'47"/km
15.	179	00:03:29	00:35:10	240m	14'31"/km
16.	178	00:02:53	00:38:03	474m	6'05"/km
17.	177	00:01:59	00:40:02	207m	9'35"/km
18.	174	00:03:55	00:43:57	566m	6'55"/km
19.	169	00:02:20	00:46:17	302m	7'44"/km
20.	176	00:02:16	00:48:33	270m	8'24"/km
21.	165	00:01:23	00:49:56	154m	8'59"/km
22.	166	00:03:03	00:52:59	340m	8'58"/km
23.	167	00:01:41	00:54:40	228m	7'23"/km
24.	160	00:04:32	00:59:12	303m	14'58"/km
25.	158	00:01:58	01:01:10	297m	6'37"/km
26.	152	00:03:11	01:04:21	375m	8'29"/km
27.	140	00:02:24	01:06:45	310m	7'45"/km
28.	148	00:03:00	01:09:45	384m	7'49"/km
29.	146	00:01:50	01:11:35	244m	7'31"/km
30.	999	00:00:30	01:12:05	150m	3'20"/km