Vlaams Kampioenschap Middle Distance
Bel 6.2.2022
hamok

Alex COURSIER
TROL
Omloop : H. Masters D
Afstand : 3040m
Tijd : 0:59:42 (19'38"/km)

18/24 O.K.

Volledige uitslagen op Webres

1. Luc HEUNINCKX 0:32:13
2. Ivo TIMMERMANS 0:32:59
3. Dirk ZWIKKER 0:33:12

1.	31	00:07:05		224m	31'37"/km
2.	53	00:05:17	*00:12:22*	351m	15'03"/km
3.	62	00:03:08	*00:15:30*	196m	15'59"/km
4.	65	00:04:34	*00:20:04*	212m	21'32"/km
5.	66	00:03:42	*00:23:46*	214m	17'17"/km
6.	67	00:09:48	*00:33:34*	259m	37'50"/km
7.	82	00:03:25	*00:36:59*	270m	12'39"/km
8.	84	00:06:31	*00:43:30*	480m	13'35"/km
9.	47	00:06:12	*00:49:42*	94m	65'57"/km
10.	40	00:05:07	*00:54:49*	248m	20'38"/km
11.	69	00:03:18	*00:58:07*	295m	11'11"/km
12.	999	00:01:35	*00:59:42*	201m	7'53"/km

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