

AOS #2 Groenenborger

Antwerpen 3.2.2022

Antwerp Orienteers

Stefan VAN REGENMORTEL

Antwerp Orienteers

Course : H:Lang

Distance : 5000m

Time : 0:32:23 (6'29"/km)

13/39

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 0:20:15 |
| 2. Corneel CASIER | 0:23:13 |
| 3. Warre DE CUYPER | 0:23:24 |

1.	31	00:00:33		57m	9'39"/km
2.	34	00:00:57	00:01:30	93m	10'13"/km
3.	33	00:00:54	00:02:24	52m	17'18"/km
4.	32	00:01:48	00:04:12	242m	7'26"/km
5.	35	00:01:21	00:05:33	258m	5'14"/km
6.	36	00:00:43	00:06:16	123m	5'50"/km
7.	37	00:00:26	00:06:42	74m	5'51"/km
8.	38	00:00:29	00:07:11	67m	7'13"/km
9.	39	00:01:57	00:09:08	202m	9'39"/km
10.	40	00:01:20	00:10:28	61m	21'51"/km
11.	41	00:00:27	00:10:55	62m	7'15"/km
12.	42	00:00:52	00:11:47	120m	7'13"/km
13.	43	00:01:45	00:13:32	80m	21'53"/km
14.	44	00:01:15	00:14:47	221m	5'39"/km
15.	45	00:00:18	00:15:05	35m	8'34"/km
16.	46	00:00:24	00:15:29	47m	8'31"/km
17.	47	00:01:01	00:16:30	114m	8'55"/km
18.	48	00:04:08	00:20:38	409m	10'06"/km
19.	49	00:00:20	00:20:58	57m	5'51"/km
20.	50	00:01:03	00:22:01	150m	7'00"/km
21.	51	00:01:12	00:23:13	42m	28'34"/km
22.	52	00:02:34	00:25:47	239m	10'44"/km
23.	53	00:00:33	00:26:20	39m	14'06"/km
24.	54	00:00:14	00:26:34	56m	4'10"/km
25.	55	00:00:34	00:27:08	57m	9'56"/km
26.	56	00:01:56	00:29:04	230m	8'24"/km
27.	57	00:00:43	00:29:47	51m	14'03"/km
28.	58	00:01:28	00:31:15	265m	5'32"/km
29.	59	00:01:04	00:32:19	154m	6'56"/km
30.	999	00:00:04	00:32:23	32m	2'05"/km