

AOS #2 Groenenborger

Antwerpen 3.2.2022

Antwerp Orienteers

Joni VANHOECKE

Antwerp Orienteers

Course : D:Lang

Distance : 5000m

Time : 0:36:35 (7'19"/km)

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O.K.

[Full result on Webres](#)

1. Claudia ROOMAN
3. Sam PORTEMAN

0:28:16
0:38:08

1.	31	00:00:26		57m	7'36"/km
2.	34	00:00:54	00:01:20	93m	9'41"/km
3.	33	00:00:41	00:02:01	52m	13'08"/km
4.	32	00:02:04	00:04:05	242m	8'32"/km
5.	35	00:01:42	00:05:47	258m	6'35"/km
6.	36	00:00:56	00:06:43	123m	7'35"/km
7.	37	00:00:36	00:07:19	74m	8'06"/km
8.	38	00:00:37	00:07:56	67m	9'12"/km
9.	39	00:02:25	00:10:21	202m	11'58"/km
10.	40	00:01:40	00:12:01	61m	27'19"/km
11.	41	00:00:35	00:12:36	62m	9'25"/km
12.	42	00:00:58	00:13:34	120m	8'03"/km
13.	43	00:01:54	00:15:28	80m	23'45"/km
14.	44	00:01:36	00:17:04	221m	7'14"/km
15.	45	00:00:21	00:17:25	35m	10'00"/km
16.	46	00:00:25	00:17:50	47m	8'52"/km
17.	47	00:01:17	00:19:07	114m	11'15"/km
18.	48	00:04:53	00:24:00	409m	11'56"/km
19.	49	00:00:25	00:24:25	57m	7'19"/km
20.	50	00:01:09	00:25:34	150m	7'40"/km
21.	51	00:00:32	00:26:06	42m	12'42"/km
22.	52	00:02:39	00:28:45	239m	11'05"/km
23.	53	00:00:41	00:29:26	39m	17'31"/km
24.	54	00:00:14	00:29:40	56m	4'10"/km
25.	55	00:00:44	00:30:24	57m	12'52"/km
26.	56	00:01:59	00:32:23	230m	8'37"/km
27.	57	00:00:43	00:33:06	51m	14'03"/km
28.	58	00:01:55	00:35:01	265m	7'14"/km
29.	59	00:01:31	00:36:32	154m	9'51"/km
30.	999	00:00:03	00:36:35	32m	1'34"/km