



TRAIL RUN F5
COQUEIRO SECO - AL 16.1.2022
TRAIL RUN F5

Maria

Amigos da Josi

Percurso : 12KM SOLO FEMININO

Distancia : 11300m (Desnivel 232m)

Tempo : 1:56:17,585 (10'17"/km)

14/19

O.K.

[Resultados completos em Webres](#)

1. Wilza	1:10:47,734
2. Fátima Blaut	1:12:47,554
3. Luzia	1:16:23,085

1.	81	00:17:57		1740m	10'19"/km
2.	82	00:31:23	00:49:20	3270m	9'36"/km
3.	83	00:28:24	01:17:44	2790m	10'11"/km
4.	84	00:28:51	01:46:35	2490m	11'35"/km
5.	999	00:09:42	01:56:17	1070m	9'04"/km

HELGA



Orienteering Software