



TRAIL RUN F5
COQUEIRO SECO - AL 16.1.2022
TRAIL RUN F5

Mauro/cledja

Lagoa azeda running

Course : 6 KM DUPLA MISTA

Distance : 7450m (Climbing 187m)

Time : 1:08:09,027 (9'09"/km)

11/23

O.K.

[Full result on Webres](#)

1. Allan / Lays	0:38:20,980
2. Deninho / Galega	0:45:25,144
3. Mayra/nalvinho	0:46:44,152

1.	81	00:16:47		1740m	9'39"/km
2.	83	00:17:43	00:34:30	2170m	8'10"/km
3.	84	00:24:13	00:58:43	2490m	9'44"/km
4.	999	00:09:26	01:08:09	1070m	8'49"/km

HELGA



Orienteering Software