



TRAIL RUN F5
COQUEIRO SECO - AL 16.1.2022
TRAIL RUN F5

Deninho / Galega

TRAIL RUN F5

Percurso : 6 KM DUPLA MISTA

Distancia : 7450m (Desnivel 187m)

Tempo : 0:45:25,144 (6'06"/km)

2/23

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------|-------------|
| 1. Allan / Lays | 0:38:20,980 |
| 3. Mayra/nalvinho | 0:46:44,152 |

1.	81	00:11:51		1740m	6'49"/km
2.	83	00:11:36	00:23:27	2170m	5'21"/km
3.	84	00:15:28	00:38:55	2490m	6'13"/km
4.	999	00:06:30	00:45:25	1070m	6'04"/km

HELGA



Orienteering Software