



# Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

**Bob DE CLEENE**

Be Arrows

Omloop : H:10

Afstand : 5710m

Tijd : 0:54:14 (9'30"/km)

**7/8**

O.K.

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- |                   |         |
|-------------------|---------|
| 1. Evert LEEUWS   | 0:31:05 |
| 2. Simon KREKELS  | 0:36:06 |
| 3. Rune DE CLERCQ | 0:36:22 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 195 | 00:01:04 |          | 171m | 6'14"/km  |
| 2.  | 136 | 00:01:25 | 00:02:29 | 112m | 12'39"/km |
| 3.  | 137 | 00:01:25 | 00:03:54 | 216m | 6'34"/km  |
| 4.  | 120 | 00:03:43 | 00:07:37 | 577m | 6'26"/km  |
| 5.  | 141 | 00:02:35 | 00:10:12 | 194m | 13'19"/km |
| 6.  | 168 | 00:02:13 | 00:12:25 | 208m | 10'39"/km |
| 7.  | 143 | 00:01:50 | 00:14:15 | 157m | 11'41"/km |
| 8.  | 144 | 00:02:06 | 00:16:21 | 249m | 8'26"/km  |
| 9.  | 170 | 00:02:42 | 00:19:03 | 223m | 12'06"/km |
| 10. | 163 | 00:01:20 | 00:20:23 | 128m | 10'25"/km |
| 11. | 184 | 00:02:58 | 00:23:21 | 337m | 8'48"/km  |
| 12. | 146 | 00:01:51 | 00:25:12 | 105m | 17'37"/km |
| 13. | 182 | 00:01:48 | 00:27:00 | 231m | 7'48"/km  |
| 14. | 179 | 00:01:51 | 00:28:51 | 142m | 13'02"/km |
| 15. | 169 | 00:01:28 | 00:30:19 | 141m | 10'24"/km |
| 16. | 151 | 00:03:11 | 00:33:30 | 233m | 13'40"/km |
| 17. | 167 | 00:02:18 | 00:35:48 | 177m | 13'00"/km |
| 18. | 126 | 00:01:24 | 00:37:12 | 137m | 10'13"/km |
| 19. | 152 | 00:03:18 | 00:40:30 | 157m | 21'01"/km |
| 20. | 199 | 00:00:36 | 00:41:06 | 82m  | 7'19"/km  |
| 21. | 198 | 00:02:51 | 00:43:57 | 320m | 8'54"/km  |
| 22. | 171 | 00:03:20 | 00:47:17 | 376m | 8'52"/km  |
| 23. | 109 | 00:02:24 | 00:49:41 | 336m | 7'09"/km  |
| 24. | 157 | 00:01:44 | 00:51:25 | 304m | 5'42"/km  |
| 25. | 193 | 00:01:34 | 00:52:59 | 213m | 7'21"/km  |
| 26. | 107 | 00:00:41 | 00:53:40 | 118m | 5'47"/km  |
| 27. | 999 | 00:00:34 | 00:54:14 | 70m  | 8'06"/km  |

Orienteering Software