



Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

Frank AERDEN

K.O.L.

Omloop : H:04

Afstand : 4380m

Tijd : 0:48:19 (11'02"/km)

17/31

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Wim HOEKX | 0:34:07 |
| 2. Roger BOCKX | 0:35:22 |
| 3. Ivo TIMMERMANS | 0:36:18 |

1.	195	00:01:29		171m	8'40"/km
2.	196	00:01:58	00:03:27	202m	9'44"/km
3.	137	00:01:21	00:04:48	130m	10'23"/km
4.	197	00:02:48	00:07:36	295m	9'29"/km
5.	111	00:02:31	00:10:07	235m	10'43"/km
6.	198	00:03:43	00:13:50	309m	12'02"/km
7.	189	00:01:48	00:15:38	158m	11'24"/km
8.	199	00:03:01	00:18:39	223m	13'32"/km
9.	126	00:01:55	00:20:34	206m	9'18"/km
10.	167	00:01:44	00:22:18	137m	12'39"/km
11.	110	00:01:57	00:24:15	106m	18'24"/km
12.	128	00:02:07	00:26:22	188m	11'16"/km
13.	192	00:02:17	00:28:39	191m	11'57"/km
14.	101	00:02:42	00:31:21	221m	12'13"/km
15.	102	00:01:47	00:33:08	125m	14'16"/km
16.	104	00:01:13	00:34:21	150m	8'07"/km
17.	105	00:02:15	00:36:36	212m	10'37"/km
18.	109	00:01:49	00:38:25	184m	9'52"/km
19.	103	00:01:43	00:40:08	165m	10'24"/km
20.	157	00:01:48	00:41:56	211m	8'32"/km
21.	108	00:01:13	00:43:09	111m	10'58"/km
22.	106	00:02:14	00:45:23	201m	11'07"/km
23.	107	00:02:11	00:47:34	182m	12'00"/km
24.	999	00:00:45	00:48:19	70m	10'43"/km

Orienteering Software