



# Regionale Hoge Rielen

## LICHTAART 16.1.2022

### K.O.L.

**Patrick WALLAERT**

Omega

Omloop : H:04

Afstand : 4380m

Tijd : 0:36:43 (8'23"/km)

**5/31**

O.K.

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- |                   |         |
|-------------------|---------|
| 1. Wim HOEKX      | 0:34:07 |
| 2. Roger BOCKX    | 0:35:22 |
| 3. Ivo TIMMERMANS | 0:36:18 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 195 | 00:01:23 |          | 171m | 8'05"/km  |
| 2.  | 196 | 00:01:19 | 00:02:42 | 202m | 6'31"/km  |
| 3.  | 137 | 00:00:59 | 00:03:41 | 130m | 7'34"/km  |
| 4.  | 197 | 00:02:05 | 00:05:46 | 295m | 7'04"/km  |
| 5.  | 111 | 00:01:57 | 00:07:43 | 235m | 8'18"/km  |
| 6.  | 198 | 00:02:47 | 00:10:30 | 309m | 9'00"/km  |
| 7.  | 186 | 00:00:51 | 00:11:21 |      |           |
| 8.  | 189 | 00:00:51 | 00:12:12 |      |           |
| 9.  | 199 | 00:01:48 | 00:14:00 | 223m | 8'04"/km  |
| 10. | 126 | 00:01:30 | 00:15:30 | 206m | 7'17"/km  |
| 11. | 167 | 00:01:24 | 00:16:54 | 137m | 10'13"/km |
| 12. | 110 | 00:01:10 | 00:18:04 | 106m | 11'00"/km |
| 13. | 128 | 00:01:46 | 00:19:50 | 188m | 9'24"/km  |
| 14. | 192 | 00:01:41 | 00:21:31 | 191m | 8'49"/km  |
| 15. | 101 | 00:01:49 | 00:23:20 | 221m | 8'13"/km  |
| 16. | 102 | 00:01:08 | 00:24:28 | 125m | 9'04"/km  |
| 17. | 104 | 00:01:30 | 00:25:58 | 150m | 10'00"/km |
| 18. | 105 | 00:01:47 | 00:27:45 | 212m | 8'25"/km  |
| 19. | 109 | 00:01:30 | 00:29:15 | 184m | 8'09"/km  |
| 20. | 103 | 00:01:22 | 00:30:37 | 165m | 8'17"/km  |
| 21. | 157 | 00:01:32 | 00:32:09 | 211m | 7'16"/km  |
| 22. | 108 | 00:00:52 | 00:33:01 | 111m | 7'48"/km  |
| 23. | 106 | 00:01:44 | 00:34:45 | 201m | 8'37"/km  |
| 24. | 107 | 00:01:16 | 00:36:01 | 182m | 6'58"/km  |
| 25. | 999 | 00:00:42 | 00:36:43 | 70m  | 10'00"/km |

Orienteering Software