



Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

Ivo TIMMERMANS

K.O.L.

Omloop : H:04

Afstand : 4380m

Tijd : 0:36:18 (8'17"/km)

3/31

O.K.

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- | | |
|----------------|---------|
| 1. Wim HOEKX | 0:34:07 |
| 2. Roger BOCKX | 0:35:22 |

1.	195	00:01:02	171m	6'03"/km
2.	196	00:01:23 00:02:25	202m	6'51"/km
3.	137	00:00:58 00:03:23	130m	7'26"/km
4.	197	00:02:06 00:05:29	295m	7'07"/km
5.	111	00:02:11 00:07:40	235m	9'17"/km
6.	198	00:02:56 00:10:36	309m	9'30"/km
7.	189	00:01:16 00:11:52	158m	8'01"/km
8.	199	00:01:49 00:13:41	223m	8'09"/km
9.	126	00:01:35 00:15:16	206m	7'41"/km
10.	167	00:01:31 00:16:47	137m	11'04"/km
11.	110	00:01:02 00:17:49	106m	9'45"/km
12.	128	00:01:50 00:19:39	188m	9'45"/km
13.	192	00:01:50 00:21:29	191m	9'36"/km
14.	101	00:02:08 00:23:37	221m	9'39"/km
15.	102	00:01:01 00:24:38	125m	8'08"/km
16.	104	00:01:18 00:25:56	150m	8'40"/km
17.	105	00:01:46 00:27:42	212m	8'20"/km
18.	109	00:01:21 00:29:03	184m	7'20"/km
19.	103	00:01:20 00:30:23	165m	8'05"/km
20.	157	00:01:43 00:32:06	211m	8'08"/km
21.	108	00:00:52 00:32:58	111m	7'48"/km
22.	106	00:01:40 00:34:38	201m	8'18"/km
23.	107	00:01:06 00:35:44	182m	6'03"/km
24.	999	00:00:34 00:36:18	70m	8'06"/km

Orienteering Software