



# Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

**Lia DE KERF**

TROL

Omloop : D:05

Afstand : 3760m

Tijd : 1:10:22 (18'43"/km)

**8/12**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Paulette BLOMMEN | 0:45:58 |
| 2. Christa ZWIKKER  | 0:49:39 |
| 3. Liset HENDRICKX  | 0:53:00 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 136 | 00:11:15 |          | 236m | 47'40"/km |
| 2.  | 148 | 00:04:49 | 00:16:04 | 262m | 18'23"/km |
| 3.  | 165 | 00:06:12 | 00:22:16 | 384m | 16'09"/km |
| 4.  | 138 | 00:04:17 | 00:26:33 | 291m | 14'43"/km |
| 5.  | 198 | 00:02:00 | 00:28:33 | 118m | 16'57"/km |
| 6.  | 189 | 00:02:31 | 00:31:04 | 158m | 15'56"/km |
| 7.  | 199 | 00:03:59 | 00:35:03 | 223m | 17'52"/km |
| 8.  | 126 | 00:04:44 | 00:39:47 | 206m | 22'59"/km |
| 9.  | 192 | 00:04:38 | 00:44:25 | 217m | 21'21"/km |
| 10. | 185 | 00:01:17 | 00:45:42 | 82m  | 15'39"/km |
| 11. | 102 | 00:04:03 | 00:49:45 | 243m | 16'40"/km |
| 12. | 171 | 00:01:55 | 00:51:40 | 101m | 18'59"/km |
| 13. | 154 | 00:04:01 | 00:55:41 | 283m | 14'12"/km |
| 14. | 109 | 00:01:37 | 00:57:18 | 123m | 13'09"/km |
| 15. | 131 | 00:05:16 | 01:02:34 | 347m | 15'11"/km |
| 16. | 175 | 00:03:02 | 01:05:36 | 169m | 17'57"/km |
| 17. | 193 | 00:02:22 | 01:07:58 | 149m | 15'53"/km |
| 18. | 999 | 00:02:24 | 01:10:22 | 164m | 14'38"/km |

Orienteering Software