



Regionale Hoge Rielen LICHTAART 16.1.2022 K.O.L.

Els SPILLEBEEN

Omega

Omloop : D:04

Afstand : 4380m

Tijd : 0:47:03 (10'45"/km)

4/24

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------------|---------|
| 1. Kristel MERTENS | 0:36:20 |
| 2. Maria HENKES | 0:37:52 |
| 3. Katleen VAN DE MOORTE | 0:41:10 |

1.	195	00:01:15		171m	7'19"/km
2.	196	00:01:30	00:02:45	202m	7'26"/km
3.	137	00:01:10	00:03:55	130m	8'58"/km
4.	197	00:02:35	00:06:30	295m	8'45"/km
5.	111	00:02:46	00:09:16	235m	11'46"/km
6.	138	00:03:47	00:13:03		
7.	198	00:01:21	00:14:24	118m	11'26"/km
8.	189	00:01:48	00:16:12	158m	11'24"/km
9.	199	00:02:05	00:18:17	223m	9'21"/km
10.	162	00:02:45	00:21:02		
11.	126	00:00:24	00:21:26		
12.	167	00:01:35	00:23:01	137m	11'33"/km
13.	110	00:01:28	00:24:29	106m	13'50"/km
14.	128	00:01:55	00:26:24	188m	10'12"/km
15.	192	00:02:18	00:28:42	191m	12'03"/km
16.	101	00:02:01	00:30:43	221m	9'08"/km
17.	102	00:01:52	00:32:35	125m	14'56"/km
18.	104	00:01:21	00:33:56	150m	9'00"/km
19.	105	00:02:43	00:36:39	212m	12'49"/km
20.	109	00:01:28	00:38:07	184m	7'58"/km
21.	103	00:01:37	00:39:44	165m	9'48"/km
22.	157	00:01:57	00:41:41	211m	9'15"/km
23.	108	00:01:04	00:42:45	111m	9'37"/km
24.	106	00:02:12	00:44:57	201m	10'57"/km
25.	107	00:01:23	00:46:20	182m	7'36"/km
26.	999	00:00:43	00:47:03	70m	10'14"/km

Orienteering Software