



# Regionale Hoge Rielen

## LICHTAART 16.1.2022

### K.O.L.

**Tania HENDRICKX**

hamok

Omloop : D:03

Afstand : 6120m

Tijd : 1:18:08 (12'46"/km)

**13/17**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Marieke ADDIERS    | 0:50:03 |
| 2. Annelies VERMONDEN | 0:51:55 |
| 3. Lieke VAN OPSTAL   | 0:52:09 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 187 | 00:03:01 |          | 133m | 22'41"/km |
| 2.  | 188 | 00:01:11 | 00:04:12 | 146m | 8'06"/km  |
| 3.  | 133 | 00:01:56 | 00:06:08 | 205m | 9'26"/km  |
| 4.  | 137 | 00:03:51 | 00:09:59 | 344m | 11'12"/km |
| 5.  | 139 | 00:02:32 | 00:12:31 | 207m | 12'14"/km |
| 6.  | 165 | 00:05:06 | 00:17:37 | 244m | 20'54"/km |
| 7.  | 194 | 00:02:20 | 00:19:57 | 244m | 9'34"/km  |
| 8.  | 142 | 00:05:23 | 00:25:20 | 409m | 13'10"/km |
| 9.  | 150 | 00:04:44 | 00:30:04 | 189m | 25'03"/km |
| 10. | 162 | 00:03:50 | 00:33:54 | 335m | 11'27"/km |
| 11. | 151 | 00:02:49 | 00:36:43 | 291m | 9'41"/km  |
| 12. | 163 | 00:03:32 | 00:40:15 | 311m | 11'22"/km |
| 13. | 176 | 00:04:32 | 00:44:47 | 338m | 13'25"/km |
| 14. | 143 | 00:02:00 | 00:46:47 | 175m | 11'26"/km |
| 15. | 141 | 00:03:57 | 00:50:44 | 323m | 12'14"/km |
| 16. | 138 | 00:03:51 | 00:54:35 | 298m | 12'55"/km |
| 17. | 189 | 00:01:49 | 00:56:24 | 168m | 10'49"/km |
| 18. | 183 | 00:02:12 | 00:58:36 | 198m | 11'07"/km |
| 19. | 171 | 00:02:29 | 01:01:05 | 210m | 11'50"/km |
| 20. | 190 | 00:01:55 | 01:03:00 | 162m | 11'50"/km |
| 21. | 172 | 00:00:46 | 01:03:46 | 75m  | 10'13"/km |
| 22. | 156 | 00:02:13 | 01:05:59 | 286m | 7'45"/km  |
| 23. | 132 | 00:02:01 | 01:08:00 | 185m | 10'54"/km |
| 24. | 131 | 00:03:17 | 01:11:17 | 108m | 30'24"/km |
| 25. | 191 | 00:02:49 | 01:14:06 | 185m | 15'14"/km |
| 26. | 193 | 00:02:11 | 01:16:17 | 189m | 11'33"/km |
| 27. | 999 | 00:01:51 | 01:18:08 | 164m | 11'17"/km |

Orienteering Software