



III Acampatreinamento de Orientação - Percurso 2

9.1.2022

Associação Desportiva e Cultural Hip-Hop

Rubia Nascimento Seidel Lirio

Associação Desportiva e Cultural Hip-Hop

Percurso : D Adulto E

Distancia : 1300m

Tempo : 0:32:16 (24'49"/km)

3/4

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------|---------|
| 1. Elaine Lenz | 0:25:20 |
| 2. Camila Seidel Lirio | 0:31:18 |

1.	63	00:00:57		77m	12'20"/km
2.	61	00:00:31	00:01:28	26m	19'52"/km
3.	65	00:00:40	00:02:08	19m	35'05"/km
4.	70	00:01:07	00:03:15	39m	28'38"/km
5.	54	00:01:26	00:04:41	45m	31'51"/km
6.	53	00:00:41	00:05:22	47m	14'32"/km
7.	46	00:01:33	00:06:55	39m	39'45"/km
8.	31	00:00:24	00:07:19	17m	23'32"/km
9.	50	00:01:00	00:08:19	56m	17'51"/km
10.	43	00:00:57	00:09:16	42m	22'37"/km
11.	48	00:01:34	00:10:50	87m	18'00"/km
12.	32	00:00:33	00:11:23	51m	10'47"/km
13.	47	00:00:23	00:11:46	29m	13'13"/km
14.	33	00:00:33	00:12:19	39m	14'06"/km
15.	51	00:00:32	00:12:51	34m	15'41"/km
16.	34	00:00:54	00:13:45	28m	32'09"/km
17.	52	00:00:59	00:14:44	49m	20'04"/km
18.	37	00:03:23	00:18:07	50m	67'40"/km
19.	36	00:00:42	00:18:49	20m	35'00"/km
20.	38	00:00:14	00:19:03	19m	12'17"/km
21.	73	00:03:17	00:22:20	52m	63'08"/km
22.	39	00:02:34	00:24:54	54m	47'32"/km
23.	72	00:01:00	00:25:54	18m	55'33"/km
24.	58	00:00:51	00:26:45	50m	17'00"/km
25.	67	00:00:44	00:27:29	35m	20'57"/km
26.	59	00:00:39	00:28:08	24m	27'05"/km
27.	57	00:00:56	00:29:04	52m	17'57"/km
28.	62	00:00:55	00:29:59	58m	15'48"/km
29.	55	00:00:40	00:30:39	56m	11'54"/km
30.	56	00:00:35	00:31:14	43m	13'34"/km
31.	79	00:00:43	00:31:57	35m	20'29"/km
32.	999	00:00:19	00:32:16	55m	5'45"/km