

Herman PRUMMEL

K.O.L.

Course : LD

Distance : 7210m

Time : 1:32:11 (12'47"/km)

6/9

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|---------|
| 1. Jorran VAN DER HEIJDEN | 0:57:53 |
| 2. Fred TOSSERAMS | 1:16:00 |
| 3. Eddy JONCKERS | 1:16:51 |

1.	33	00:05:06		159m	32'05"/km
2.	39	00:01:41	00:06:47	218m	7'43"/km
3.	48	00:02:27	00:09:14	310m	7'54"/km
4.	42	00:03:08	00:12:22	244m	12'50"/km
5.	44	00:01:34	00:13:56	198m	7'55"/km
6.	55	00:03:56	00:17:52	489m	8'03"/km
7.	57	00:01:20	00:19:12	169m	7'53"/km
8.	60	00:02:55	00:22:07	351m	8'19"/km
9.	77	00:14:01	00:36:08	587m	23'53"/km
10.	79	00:01:06	00:37:14	92m	11'57"/km
11.	73	00:02:00	00:39:14	141m	14'11"/km
12.	67	00:03:23	00:42:37	274m	12'21"/km
13.	68	00:01:15	00:43:52	148m	8'27"/km
14.	69	00:01:05	00:44:57	75m	14'27"/km
15.	76	00:07:09	00:52:06	479m	14'56"/km
16.	85	00:02:36	00:54:42	265m	9'49"/km
17.	86	00:00:51	00:55:33	118m	7'12"/km
18.	89	00:00:58	00:56:31	105m	9'12"/km
19.	50	00:11:41	01:08:12	423m	27'37"/km
20.	47	00:03:45	01:11:57	293m	12'48"/km
21.	37	00:01:48	01:13:45	178m	10'07"/km
22.	35	00:02:26	01:16:11	276m	8'49"/km
23.	94	00:04:51	01:21:02	470m	10'19"/km
24.	84	00:02:49	01:23:51	209m	13'29"/km
25.	82	00:01:27	01:25:18	137m	10'35"/km
26.	85	00:01:18	01:26:36	132m	9'51"/km
27.	92	00:02:24	01:29:00	270m	8'53"/km
28.	93	00:01:38	01:30:38	171m	9'33"/km
29.	98	00:01:08	01:31:46	140m	8'06"/km
30.	999	00:00:25	01:32:11	92m	4'32"/km