SYLVESTER 21 - DAY 5
HEESERBERGEN 30.12.2021
hamok

Ralph KURT
TROL
Omloop : H45
Afstand : 7600m
Tijd : 1:00:41 (7'59"/km) [Punten : 763]

8/19 O.K.

Volledige uitslagen op Webres

1. Kim JANSEN 0:46:19 [1000]
2. Roland VAN LOON 0:50:32 [917]
3. Marc KERCKHOFS 0:50:42 [914]

1.	31	00:00:55		88m	10'25"/km
2.	35	00:01:45	*00:02:40*	232m	7'33"/km
3.	39	00:01:14	*00:03:54*	149m	8'17"/km
4.	48	00:02:15	*00:06:09*	310m	7'15"/km
5.	42	00:01:47	*00:07:56*	244m	7'19"/km
6.	44	00:01:16	*00:09:12*	198m	6'24"/km
7.	56	00:04:18	*00:13:30*	575m	7'29"/km
8.	60	00:02:24	*00:15:54*	343m	7'00"/km
9.	64	00:01:42	*00:17:36*	266m	6'23"/km
10.	89	00:03:02	*00:20:38*	369m	8'13"/km
11.	82	00:02:34	*00:23:12*	296m	8'40"/km
12.	80	00:01:56	*00:25:08*	186m	10'24"/km
13.	71	00:02:36	*00:27:44*	297m	8'45"/km
14.	66	00:01:12	*00:28:56*	126m	9'31"/km
15.	67	00:00:53	*00:29:49*	103m	8'35"/km
16.	68	00:01:10	*00:30:59*	148m	7'53"/km
17.	69	00:01:03	*00:32:02*	75m	14'00"/km
18.	66	00:01:11	*00:33:13*	151m	7'50"/km
19.	76	00:03:15	*00:36:28*	344m	9'27"/km
20.	91	00:03:35	*00:40:03*	390m	9'11"/km
21.	95	00:01:42	*00:41:45*	189m	9'00"/km
22.	90	00:01:29	*00:43:14*	174m	8'31"/km
23.	47	00:04:11	*00:47:25*	545m	7'41"/km
24.	40	00:01:19	*00:48:44*	171m	7'42"/km
25.	37	00:01:16	*00:50:00*	171m	7'24"/km
26.	50	00:03:03	*00:53:03*	426m	7'10"/km
27.	96	00:03:24	*00:56:27*	423m	8'02"/km
28.	92	00:01:49	*00:58:16*	211m	8'37"/km
29.	93	00:01:14	*00:59:30*	171m	7'13"/km
30.	98	00:00:50	*01:00:20*	140m	5'57"/km
31.	999	00:00:21	*01:00:41*	92m	3'48"/km

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