



**NATIONALE MIDDLE DISTANCE**  
**HOGHE RIELEN- LICHTAART 27.4.2014**  
**K.O.L.**

**Frederik MEYNEN**

hamok

Course : H21

Distance : 7000m

Time : 0:48:41 (6'57"/km)

**1/6**

O.K.

[Full result on Webres](#)

2. Wim BRIES

0:50:27

3. Thomas BREDO

0:55:42

HELGA



Orienteering Software