



TRAIL RUN PARADISE

MARECHAL DEODORO - AL 19.12.2021

PARADISE

Rildson / Cosme

RN TRAINING

Course : :6KM DUPA MASCULNA

Distance : 6860m (Climbing 155m)

Time : 1:16:06,328 (11'06"/km)

25/33

O.K.

[Full result on Webres](#)

- | | |
|---------------------|-------------|
| 1. Carlos / Igor | 0:33:28,078 |
| 2. Alan / Wanderson | 0:35:21,855 |
| 3. Jackson / Joao | 0:37:42,578 |

1.	81	00:27:50		2940m	9'28"/km	HIDRATAÇÃO 1
2.	82	00:35:34	01:03:24	2170m	16'23"/km	DIVISÃO DE CATEGORIAS
3.	84	00:07:46	01:11:10	1180m	6'35"/km	INÍCIO DO DESAFIO
4.	999	00:04:56	01:16:06	570m	8'39"/km	FIM DO DESAFIO / CHEGADA

HELGA



Orienteering Software