



BOC#06 - Ultra-longues distances - Rouge-Cloître & Trois-Fontaines

Forêt de Soignes 19.12.2021

ASUB

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K.O.L.

Circuit : H:ULD Moyen

Distance : 16380m

Temps : 1:41:58 (6'14"/km)

2/30

O.K.

[Résultats complets sur Webres](#)

1. Bredo Jérémy & Demeuse Clement 1:40:39
3. Delmee Gilles & Colomb Jean-Baptiste 1:46:55

1.	166	00:04:41	581m	8'04"/km
2.	167	00:05:20 00:10:01	804m	6'38"/km
3.	168	00:01:49 00:11:50	291m	6'15"/km
4.	169	00:01:42 00:13:32	208m	8'10"/km
5.	170	00:01:25 00:14:57	262m	5'24"/km
6.	171	00:04:59 00:19:56	879m	5'40"/km
7.	172	00:05:42 00:25:38	966m	5'54"/km
8.	173	00:00:40 00:26:18	127m	5'15"/km
9.	174	00:01:59 00:28:17	247m	8'02"/km
10.	175	00:02:12 00:30:29	401m	5'29"/km
11.	205	00:03:24 00:33:53	646m	5'16"/km
12.	181	00:01:53 00:35:46	321m	5'52"/km
13.	176	00:02:53 00:38:39	571m	5'03"/km
14.	182	00:00:36 00:39:15	90m	6'40"/km
15.	195	00:02:04 00:41:19	378m	5'28"/km
16.	197	00:01:53 00:43:12	235m	8'01"/km
17.	177	00:01:59 00:45:11	304m	6'31"/km
18.	178	00:08:21 00:53:32	1322m	6'19"/km
19.	167	00:02:06 00:55:38	398m	5'17"/km
20.	168	00:01:43 00:57:21	291m	5'54"/km
21.	198	00:01:42 00:59:03	323m	5'16"/km
22.	199	00:01:26 01:00:29	165m	8'41"/km
23.	200	00:03:08 01:03:37	635m	4'56"/km
24.	166	00:01:41 01:05:18	271m	6'13"/km
25.	180	00:02:54 01:08:12	209m	13'53"/km
26.	183	00:07:09 01:15:21	1138m	6'17"/km
27.	184	00:01:49 01:17:10	267m	6'48"/km
28.	185	00:01:15 01:18:25	170m	7'21"/km
29.	186	00:01:55 01:20:20	163m	11'46"/km
30.	187	00:01:22 01:21:42	193m	7'05"/km
31.	188	00:06:38 01:28:20	1271m	5'13"/km
32.	189	00:04:06 01:32:26	705m	5'49"/km
33.	190	00:01:43 01:34:09	144m	11'55"/km
34.	191	00:02:43 01:36:52	446m	6'05"/km
35.	192	00:00:00 01:36:52	114m	0'00"/km
36.	193	00:03:05 01:39:57	386m	7'59"/km



37.	194	00:00:47	01:40:44	163m	4'48"/km
38.	196	00:00:51	01:41:35	226m	3'46"/km
39.	999	00:00:23	01:41:58	71m	5'24"/km

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