



Regionale DE BEELTJENS WESTERLO 12.12.2021 K.O.L.

Vincent RIGOUTS

TROL

Course : H:01

Distance : 8670m

Time : 1:29:25,718 (10'19"/km)

11/18

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Liam THIELS | 0:57:34 |
| 2. Brent VLEUGELS | 1:03:32 |
| 3. Lennert LENS | 1:04:03 |

1.	149	00:02:51	194m	14'41"/km
2.	147	00:01:31 00:04:22	95m	15'58"/km
3.	150	00:01:48 00:06:10	94m	19'09"/km
4.	146	00:02:27 00:08:37	354m	6'55"/km
5.	144	00:01:37 00:10:14	154m	10'30"/km
6.	143	00:02:57 00:13:11	249m	11'51"/km
7.	141	00:03:35 00:16:46	329m	10'53"/km
8.	161	00:03:55 00:20:41	468m	8'22"/km
9.	165	00:01:56 00:22:37	195m	9'55"/km
10.	166	00:01:48 00:24:25	246m	7'19"/km
11.	167	00:00:46 00:25:11	97m	7'54"/km
12.	162	00:01:38 00:26:49	224m	7'17"/km
13.	168	00:02:19 00:29:08	309m	7'30"/km
14.	157	00:04:34 00:33:42	360m	12'41"/km
15.	153	00:02:15 00:35:57	185m	12'10"/km
16.	155	00:04:14 00:40:11	372m	11'23"/km
17.	142	00:04:05 00:44:16	99m	41'15"/km
18.	194	00:02:19 00:46:35	113m	20'30"/km
19.	163	00:04:13 00:50:48	512m	8'14"/km
20.	192	00:01:55 00:52:43	117m	16'23"/km
21.	160	00:03:10 00:55:53	260m	12'11"/km
22.	154	00:03:32 00:59:25	393m	8'59"/km
23.	140	00:04:29 01:03:54	484m	9'16"/km
24.	148	00:03:10 01:07:04	283m	11'11"/km
25.	171	00:00:52 01:07:56	126m	6'53"/km
26.	187	00:02:23 01:10:19	209m	11'24"/km
27.	184	00:02:09 01:12:28	243m	8'51"/km
28.	189	00:02:27 01:14:55	141m	17'23"/km
29.	190	00:01:16 01:16:11	150m	8'27"/km
30.	174	00:02:59 01:19:10	332m	8'59"/km
31.	175	00:01:25 01:20:35	136m	10'25"/km
32.	176	00:01:00 01:21:35	94m	10'38"/km
33.	179	00:01:34 01:23:09	168m	9'20"/km
34.	181	00:01:06 01:24:15	107m	10'17"/km
35.	185	00:03:07 01:27:22	364m	8'34"/km
36.	191	00:01:44 01:29:06	308m	5'38"/km



37. 999 00:00:19 01:29:25 107m 2'58"/km

