Regionale DE BEELTJENS
WESTERLO 12.12.2021
K.O.L.

Lily-Anne COLE
TROL
Omloop : D:04
Afstand : 4110m
Tijd : 1:17:00 (18'44"/km)

8/10 O.K.

Volledige uitslagen op Webres

1. Els PUT 0:46:08
2. Lotte WILLEMS 0:48:08
3. Sonja NIJS 0:51:59

1.	148	00:01:28		110m	13'20"/km
2.	146	00:04:21	*00:05:49*	365m	11'55"/km
3.	153	00:07:11	*00:13:00*	209m	34'22"/km
4.	194	00:05:48	*00:18:48*	423m	13'43"/km
5.	142	00:06:18	*00:25:06*	113m	55'45"/km
6.	143	00:06:46	*00:31:52*	210m	32'13"/km
7.	145	00:04:03	*00:35:55*	200m	20'15"/km
8.	144	00:02:43	*00:38:38*	150m	18'07"/km
9.	150	00:09:47	*00:48:25*	375m	26'05"/km
10.	171	00:03:06	*00:51:31*	124m	25'00"/km
11.	172	00:01:58	*00:53:29*	177m	11'07"/km
12.	186	00:02:09	*00:55:38*	139m	15'28"/km
13.	184	00:02:52	*00:58:30*	192m	14'56"/km
14.	181	00:06:23	*01:04:53*	375m	17'01"/km
15.	175	00:04:12	*01:09:05*	240m	17'30"/km
16.	185	00:03:58	*01:13:03*	291m	13'38"/km
17.	191	00:03:13	*01:16:16*	308m	10'27"/km
18.	999	00:00:44	*01:17:00*	107m	6'51"/km

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