

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Jan BOECKX

Omega

Circuit : H:Noir long

Distance : 7100m (Dénivelé 200m)

Temps : 1:22:44 (11'39"/km)

8/20

O.K.

[Résultats complets sur Webres](#)

1. Julien DACHE	1:04:56
2. Patrick MAYERES	1:07:35
3. Thibault PRÉVOST	1:13:15

1.	197	00:02:44		361m	7'34"/km
2.	203	00:02:58	00:05:42	219m	13'33"/km
3.	205	00:02:14	00:07:56	155m	14'25"/km
4.	207	00:01:28	00:09:24	120m	12'13"/km
5.	210	00:02:17	00:11:41	162m	14'06"/km
6.	212	00:01:05	00:12:46	102m	10'37"/km
7.	200	00:04:53	00:17:39	320m	15'16"/km
8.	174	00:04:28	00:22:07	392m	11'24"/km
9.	171	00:01:25	00:23:32	191m	7'25"/km
10.	181	00:00:42	00:24:14	61m	11'29"/km
11.	184	00:02:44	00:26:58	421m	6'30"/km
12.	190	00:02:05	00:29:03	246m	8'28"/km
13.	193	00:02:57	00:32:00	170m	17'21"/km
14.	194	00:02:00	00:34:00	157m	12'44"/km
15.	195	00:01:46	00:35:46	115m	15'22"/km
16.	192	00:04:07	00:39:53	338m	12'11"/km
17.	188	00:01:43	00:41:36	76m	22'35"/km
18.	186	00:02:18	00:43:54	194m	11'51"/km
19.	185	00:03:29	00:47:23	394m	8'50"/km
20.	182	00:02:04	00:49:27	229m	9'01"/km
21.	173	00:03:12	00:52:39	297m	10'46"/km
22.	196	00:02:34	00:55:13	284m	9'02"/km
23.	198	00:03:02	00:58:15	250m	12'08"/km
24.	224	00:03:24	01:01:39	194m	17'32"/km
25.	204	00:03:03	01:04:42	195m	15'38"/km
26.	206	00:01:19	01:06:01	106m	12'25"/km
27.	207	00:01:48	01:07:49	127m	14'10"/km
28.	209	00:01:45	01:09:34	91m	19'14"/km
29.	208	00:02:14	01:11:48	130m	17'11"/km
30.	214	00:06:03	01:17:51	83m	72'53"/km
31.	213	00:00:37	01:18:28	54m	11'25"/km
32.	216	00:01:28	01:19:56	202m	7'16"/km
33.	219	00:02:21	01:22:17	205m	11'28"/km
34.	999	00:00:27	01:22:44	63m	7'09"/km