

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Toulouse SEBASTIAN

C.O. Pégase

Course : H:Noir très long

Distance : 8400m (Climbing 260m)

Time : 1:15:32 (9'00"/km)

7/31

O.K.

[Full result on Webres](#)

1. Christophe BERNARD	1:03:49
2. Simon ARNO	1:07:16
3. Nicolas SILLIEN	1:09:12

1.	169	00:00:48		150m	5'20"/km
2.	172	00:00:52	00:01:40	148m	5'51"/km
3.	177	00:01:10	00:02:50	182m	6'25"/km
4.	175	00:00:56	00:03:46	118m	7'55"/km
5.	171	00:00:45	00:04:31	130m	5'46"/km
6.	170	00:00:55	00:05:26	149m	6'09"/km
7.	197	00:03:05	00:08:31	271m	11'23"/km
8.	224	00:03:53	00:12:24	351m	11'04"/km
9.	204	00:03:26	00:15:50	195m	17'36"/km
10.	206	00:01:03	00:16:53	106m	9'54"/km
11.	207	00:01:02	00:17:55	127m	8'08"/km
12.	210	00:02:01	00:19:56	162m	12'27"/km
13.	213	00:03:26	00:23:22	100m	34'20"/km
14.	214	00:01:59	00:25:21	54m	36'44"/km
15.	216	00:01:09	00:26:30	213m	5'24"/km
16.	217	00:02:13	00:28:43	163m	13'36"/km
17.	220	00:03:34	00:32:17	416m	8'34"/km
18.	192	00:04:07	00:36:24	523m	7'52"/km
19.	191	00:01:02	00:37:26	86m	12'01"/km
20.	194	00:01:43	00:39:09	215m	7'59"/km
21.	195	00:01:26	00:40:35	115m	12'28"/km
22.	190	00:01:52	00:42:27	230m	8'07"/km
23.	189	00:00:33	00:43:00	61m	9'01"/km
24.	188	00:00:49	00:43:49	115m	7'06"/km
25.	186	00:01:48	00:45:37	194m	9'17"/km
26.	185	00:02:38	00:48:15	394m	6'41"/km
27.	183	00:00:26	00:48:41	76m	5'42"/km
28.	182	00:01:05	00:49:46	173m	6'16"/km
29.	181	00:01:24	00:51:10	166m	8'26"/km
30.	223	00:01:10	00:52:20	113m	10'19"/km
31.	167	00:01:23	00:53:43	227m	6'06"/km
32.	196	00:01:57	00:55:40	138m	14'08"/km
33.	200	00:02:07	00:57:47	294m	7'12"/km
34.	208	00:03:28	01:01:15	268m	12'56"/km
35.	211	00:01:07	01:02:22	63m	17'43"/km
36.	209	00:01:05	01:03:27	102m	10'37"/km

37.	207	00:01:08	01:04:35	91m	12'27"/km
38.	205	00:01:16	01:05:51	120m	10'33"/km
39.	203	00:01:38	01:07:29	155m	10'32"/km
40.	222	00:04:37	01:12:06	470m	9'49"/km
41.	218	00:02:16	01:14:22	324m	7'00"/km
42.	219	00:00:48	01:15:10	167m	4'47"/km
43.	999	00:00:22	01:15:32	63m	5'49"/km

HELGA



Orienteering Software