

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Thibaut DERENNE

ThOR

Circuit : H:Noir très long

Distance : 8400m (Dénivelé 260m)

Temps : 1:11:37 (8'32"/km)

4/31

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Christophe BERNARD | 1:03:49 |
| 2. Simon ARNO | 1:07:16 |
| 3. Nicolas SILLIEN | 1:09:12 |

1.	169	00:00:54		150m	6'00"/km
2.	172	00:00:54	00:01:48	148m	6'05"/km
3.	177	00:01:18	00:03:06	182m	7'09"/km
4.	175	00:00:55	00:04:01	118m	7'46"/km
5.	171	00:00:43	00:04:44	130m	5'31"/km
6.	170	00:01:00	00:05:44	149m	6'43"/km
7.	197	00:03:09	00:08:53	271m	11'37"/km
8.	224	00:03:18	00:12:11	351m	9'24"/km
9.	204	00:02:01	00:14:12	195m	10'21"/km
10.	206	00:01:03	00:15:15	106m	9'54"/km
11.	207	00:00:55	00:16:10	127m	7'13"/km
12.	210	00:01:45	00:17:55	162m	10'48"/km
13.	213	00:03:16	00:21:11	100m	32'40"/km
14.	214	00:00:25	00:21:36	54m	7'43"/km
15.	216	00:01:22	00:22:58	213m	6'25"/km
16.	217	00:02:03	00:25:01	163m	12'35"/km
17.	220	00:03:44	00:28:45	416m	8'58"/km
18.	192	00:04:44	00:33:29	523m	9'03"/km
19.	191	00:01:05	00:34:34	86m	12'36"/km
20.	194	00:01:54	00:36:28	215m	8'50"/km
21.	195	00:01:18	00:37:46	115m	11'18"/km
22.	190	00:02:05	00:39:51	230m	9'03"/km
23.	189	00:00:28	00:40:19	61m	7'39"/km
24.	188	00:00:48	00:41:07	115m	6'57"/km
25.	186	00:02:00	00:43:07	194m	10'19"/km
26.	185	00:03:09	00:46:16	394m	8'00"/km
27.	183	00:00:27	00:46:43	76m	5'55"/km
28.	182	00:01:16	00:47:59	173m	7'19"/km
29.	181	00:01:19	00:49:18	166m	7'56"/km
30.	223	00:00:55	00:50:13	113m	8'07"/km
31.	167	00:01:28	00:51:41	227m	6'28"/km
32.	196	00:01:50	00:53:31	138m	13'17"/km
33.	200	00:02:08	00:55:39	294m	7'15"/km
34.	208	00:03:41	00:59:20	268m	13'45"/km
35.	211	00:00:52	01:00:12	63m	13'45"/km
36.	209	00:00:57	01:01:09	102m	9'19"/km

37.	207	00:01:02	01:02:11	91m	11'21"/km
38.	205	00:00:56	01:03:07	120m	7'47"/km
39.	203	00:01:21	01:04:28	155m	8'43"/km
40.	222	00:03:48	01:08:16	470m	8'05"/km
41.	218	00:02:04	01:10:20	324m	6'23"/km
42.	219	00:00:53	01:11:13	167m	5'17"/km
43.	999	00:00:24	01:11:37	63m	6'21"/km

HELGA



Orienteering Software